

Date:
 Advisor:
 Student:
 NSHE ID

Nevada State College
 Health and Wellness Concentration
 for Interdisciplinary Studies
 School of Liberal Arts and Sciences
 Unofficial Degree Audit
 2018-19

Health and Wellness Concentration Requirements (24 Credits) For Interdisciplinary Studies Students Only				
Health and Wellness Core (6 credits)				
<i>Course</i>	<i>Title</i>	<i>Grade</i>	<i>Semester Taken</i>	<i>Credits</i>
CHS 102	Foundations of Personal Health & Wellness (formerly HE 201)			3
CHS 421	Health & Wellness Across the Lifespan (pre-req: CHEM 108 or 112)			3
Health and Psychology (6 credits)				
PSY 101	General Psychology			3
PSY 403 or PSY 470	Physiological Psychology or Health Psychology			3
Electives (12 credits) Choose 4 of the following: CHEM 212 (Pre-req: CHEM 108, 112, or 121), COM 412, COM 434, PSY 441 (Pre-req: PSY 101), PSY 442 (Pre-req: PSY 101), SOC 466 (Pre-req: junior standing), SOC 484 (Pre-req: junior standing)				
				3
				3
				3
				3
Total Credits				24

*The Academic Advising Center can be contacted at 702-992-2160 or email aac@nsc.edu.
 For 60+ students, contact your 60+ Advisor at LAS.60Plus@nsc.edu.